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Begin Your Spiritual Journey in Sedona, Arizona

*Discover peace, tranquility and wonder in this
landscape of enlightenment*

SEDONA, Ariz. (April XX, 2017) – For those looking to escape the hustle and bustle of their daily lives, Sedona offers a perfect spiritual retreat. The beautiful scenery and quiet environment offer the ultimate backdrop for anyone looking to reconnect with family, a partner or themselves. Powerful vortices, said to be surrounded by high amounts of energy, attract those from all over the world who are looking for spiritual healing and self-exploration. Journey with some of the top practitioners and studios in Sedona to reveal a less stressed, more energetic you.

Cynthia Beck MH, Master Hypnotist

[Cynthia Beck](#) has been a Certified Clinical Transpersonal Hypnotherapist for more than 15 years and according to her Yelp reviews, she has seen great success helping people overcome their personal struggles and addictions. Cynthia offers several services including hypnotherapy, chakra reading, past life journeys, meditation and more. Her promise is that no matter what troubles you're facing, you can feel great now.

Aumbase Sedona

Labeled as a center for consciousness evolution, [Aumbase Sedona](#) offers all things yoga including yoga hikes, classes and tours. Yogis can enjoy special retreats or take an adventure through the beautiful Sedona landscape where they offer forest bathing or yoga on the red rocks.

Sedona Medium

Christina Wooten is a Certified Medium, Usui Reiki Master-Teacher who moved from North Carolina to Sedona to open [Sedona Medium, LLC](#). She has clients from all over the United States and is best known for her insightful, inspirational and heart-centered approach. Her services include intuitive readings, reiki healing, vortex tours and more.

Secret Mountain Tours

Ron McLain has over 40 years of experience providing metaphysical services including the popular [Secret Mountain Tours](#) that take you around Sedona's famous vortices. Labeled as a "Shamanic Adventure", these tours promise visitors will be relaxed, recharged and rejuvenated once they experience the energy hotspots throughout the area.

No matter what kind of spiritual experience someone is seeking, Sedona has it all. Places like [The Amitabha Stupa & Peace Park](#) bring people of all faiths together to pray, meditate and enjoy the peaceful atmosphere. Also, no spiritual journey is complete without stopping at the famous [Chapel of the Holy Cross](#). Built in 1956, the Chapel was named as one of the Seven Man-Made Wonders of Arizona.

Whether you're looking for some of the best healing practitioners in the world or just want to soak up the energy the landscape offers, Sedona is the perfect place to begin a spiritual journey. With a global reputation as a place of enlightenment, visitors can expect to leave Sedona feeling relaxed, happy and ready to take on the world.

For more information on Sedona's top spiritual destinations, travel information, and lodging recommendations, view Sedona's [press kit](#) or visit www.visitsedona.com.

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